



On-the-Job Injuries- Food Service Light Duty Assignments

(Sedentary Work Restrictions assignments included at end of list)

This list of modified duties is for the strict use of employee's experiencing OJI's (On-the-Job Injury) usage only. This is not a listing for any other purpose. If there are any questions regarding this list, please contact the CMCSS Safety & Health Department. All duties are to be completed within the Child Nutrition Food Service Area due to USDA funding stipulations.

- Light dusting
- Light sweeping, spot mopping
- Picking up trash in kitchen area with a spear/stick
- Emptying trash when bag is only ½ full to comply with lifting restrictions
- Clean the sinks in the kitchen area
- Clean every surface, wipe down kitchen area tables
- Wash windows in kitchen area- bucket can be placed on a cart to comply with bending/twisting restrictions

For sedentary work restrictions:

Provide chair with rolling wheels, should be able to accomplish some if not all of the following tasks using a rolling chair:

- clean doorknobs and area surrounding knobs
- clean sinks
- remove dirt from corners with a small broom
- clean and sanitize prep tables and counter tops
- clean light switches
- sweep under sinks
- clean cabinet doors
- dust tops of shelves
- Inventory all chemicals
- Inventory all food items
- Light food prep to include packaging items, slicing/dicing/chopping food items, and cupping items, etc.



Sample cleaning schedule, amend to fit the needs and the schedule:

6:00-7:00 wash and cut fruit

7:00-8:00 cashier

8:00-9:00 inventory food / supplies

9:00-10:00 clean and sanitize all food service area counters

10:00-10:30 Lunch break

10:30-12:30 cashier

12:30-1:30 sweep and clean windows

1:30-2:30 cleans all light switches and cabinet doors

The Food Service Manager can determine the amount of time it would take to complete the assigned tasks. Direct the employee in writing, if necessary to follow this schedule. The employee must also be directed that no changes are made to the schedule without prior supervisory permission.

While not all injuries or employees heal at the same rate, employees should show steady progress toward full duty evidenced by fewer restrictions over time. If you have any questions, please contact the Safety & Health Department.