



Dear Parent/Guardian:

Our school records show that your student has a history of **Diabetes**.

If your student's physician does not provide you with a complete and comprehensive Physician Medical Order and Individual Health Care Plan (IHP) for the school, please notify your student's school nurse for a copy of CMCSS Diabetes Individual Health Care Plan (HEA-F042). The CMCSS Individual Health Care Plan includes forms that your child's physician will need to complete.

Both types of Individual Health Care Plans require you and the school nurse to complete them together. ALL Individual Health Care Plans are required to be updated at the beginning of each school year.

Using the Individual Health Care Plan, the school nurse will develop an emergency plan of care that will be distributed to all school personnel that have a responsibility to your student throughout the school day. This emergency plan of care will include the following information:

- Emergency contact information for parent/guardian and health care provider
- Causes of hypoglycemia (low blood sugar) and hyperglycemia (high blood sugar)
- Symptoms of hypoglycemia and hyperglycemia that your student experiences
- Actions for treating hypoglycemia and hyperglycemia

We greatly appreciate your time and effort in completing these forms. This is another step in keeping your child safe while getting the best possible education at school. Please feel free to contact your school nurse if you would like to discuss your student's condition or need help completing these forms.