



## Adrenal Insufficiency / Adrenal Crisis

### Training & Skills Checklist

Person \_\_\_\_\_

Trained: \_\_\_\_\_ Position \_\_\_\_\_ Date: \_\_\_\_\_

School/Work Site \_\_\_\_\_

Procedure Guidelines:	Trainee initials of acknowledgement/ comments:	RN Initials acknowledgement of skills:
Acquired basic understanding of adrenal insufficiency		
Understands the role cortisol plays in the body		
Verbalizes the difference between adrenal insufficiency and adrenal crisis		
Understands and verbalizes the signs and symptoms of adrenal crisis and triggers that may cause it		
Verbalizes understanding of situations that would require emergency injection of Solu-Cortef.		
Understands and states proper administration technique for Solu-Cortef		
Understands when to notify, 911, parent and school nurse		

I have provided training to the staff member named above to administer Solu-Cortef in emergency situations in accordance with State Guidelines and CMCSS policy and procedures. She/He has demonstrated knowledge and understanding through demonstration, written and/or verbal testing.

\_\_\_\_\_  
R.N. Signature

\_\_\_\_\_  
Date

I have been instructed in the CMCSS policy and administration procedures for Adrenal Crisis. I understand this training is required annually for all staff that can reasonably be expected to have responsibility for or contact with a student with adrenal insufficiency.

\_\_\_\_\_  
Staff Signature

\_\_\_\_\_  
Date