UNITED STATES ARMY CADET COMMAND





WHO: RHS JROTC Fitness Team

WHAT: RRB Fitness Postal

WHEN: 15 September 2026

WHERE: Rossview High School

WHY: To compete in a Fitness Event against the CMCSS District JROTC programs.

OUTCOMES: The Adventure Team applied the values of Teamwork, Leadership, Character and Fitness during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at:
https://thehawkbattalion.wixsite.com/jrotc

Summary: The Adventure Team, led by c/CPT Andrew Goletz competed in the Red River Brigade Fitness Postal. The Competition focused on 5 events: 10-minute team Push-Ups, 10-Minute Team Pull-Ups, 10-Minute Team Sit-Ups, Team Ruck Run, and a 2-mile Team Relay Race. RHS's Lady Hawks came in 1st, the men's team came in tied for 1st and lost the run tiebreaker by 4xseconds, and the combined team also placed 2nd in the competition.