



UNITED STATES ARMY CADET COMMAND



WHO: RHS JROTC Cadets

WHAT: Cadet Challenge Diagnostic 1

WHEN: 26-28 August 2024

WHERE: Rossview High School

WHY: To assess Cadet fitness for the school year for RHS JROTC Fitness Program

OUTCOMES: Cadets applied the values of Teamwork, Leadership, Character, and Fitness during this event



To learn more information about the Hawk Battalion, scan the QR Code or visit our website at: <https://thehawkbattalion.wixsite.com/jrotc>

Summary: All JROTC cadets participate in the annual cadet challenge as part of the Battalions Physical Fitness Program.

The cadet challenge consists of 1-mile run, shuttle run, sit & reach, curl-ups , and pull-ups. This was the first cadet challenge diagnostic, so it was an assessment of where cadets currently are and how we need to plan PT to improve.

Cadet Challenge Diagnostic #1 resulted in following awards: Cadet Challenge Arc- 4, Presidential (N-2-2) – 6,

National (N-2-3) – 11. Pull-up Ribbons (N-2-4) – 27 and 1-Mile Run Ribbons (N-2-5) - 10



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