



WHO: RHS JROTC Cadets WHAT: Cadet Challenge Diagnostic 1

WHEN: 28-30 August 2022



WHERE: Rossview High School

WHY: To measure Cadet fitness and set a baseline for the RHS JROTC CIP Program.

**OUTCOMES:** Cadets applied the values of Teamwork, Leadership, Character, Student Achievement, Leadership, and Fitness during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at: <u>https://thehawkbattalion.wixsite.com/jrotc</u>



All RHS JROTC cadets participate in the annual cadet challenge as part of the Battalions Continuous Improvement Plan. The cadet challenge consists of 1-mile run, shuttle run, sit & reach, curl-ups, and pull-ups. Cadets use the results to reveal what they need to improve on throughout the school year. The Record Assessment resulted in the following awards: Presidential – 7, National – 15, Pull-Up Ribbons – 23, 1-Mile Run Ribbons – 9 and Cadet Challenge Arcs - 2.



## SUMMARY: