



# UNITED STATES ARMY CADET COMMAND



**WHO:** Rossvie JROTC Fitness Team

**WHAT:** Rossvie All-Female Fitness Competition

**WHEN:** 21 April 2023

**WHERE:** Rossvie High School

**WHY:** To demonstrate the skills and abilities of the RHS Fitness Team in friendly competition with other local JROTC Programs.

**OUTCOMES:** Cadets applied the values of Teamwork, Leadership, Character, and Fitness during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at: <https://thehawkbattalion.wixsite.com/jrotc>



**SUMMARY:** The RHS JROTC Fitness Team – led by c/CPT Kayleen Corona competed in the First ever Rossvie High School All-Female Fitness Competition. The events included the 2-Mile Run, Timed Team Planks, the Hammer Throw and a Push-up-Sit-up Medley. Four teams competed and the RHS Team finished in first place overall. Team members were Erin Keller, Kamiliya Aumiller, Stephanie Shuman, Elleanor Morrow, Hailie Woolcott, Maria Delfin, Stephanie Corona and Layla Starmack. The event award were sponsored by the Nashville Recruiting Battalion and the Clarksville Recruiting Company.

