



UNITED STATES ARMY CADET COMMAND



WHO: Rossview JROTC Fitness Team

WHAT: Rossview Fitness Competition

WHEN: 22 October 2022

WHERE: Rossview High School



WHY: To demonstrate the skills and abilities of the RHS Fitness Team in friendly competition with other local JROTC Programs.

OUTCOMES: Cadets applied the values of Teamwork, Leadership, Character, and Fitness during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at:
<https://thehawkbattalion.wixsite.com/jrotc>

SUMMARY:

The RHS JROTC Fitness Team – led by c/CPT Diazhane Bailey competed in the Rossview High School Fitness Challenge. The events included the Army Physical Fitness Test, an 8-Tire Medley, 10-minute Team Pull-Ups, Team HMMWV Push - Equipment Carry, the Seated Throw, the Standing Broad Jump, a 4-Way Tug-of-War and a Mystery Event. Nine teams from seven separate schools competed and the RHS Team finished in second place overall.

