



UNITED STATES ARMY CADET COMMAND



WHO: RHS JROTC Fitness Team

WHAT: Awards Presentation

WHEN: 19 November 2021

WHERE: Rossvie High School

WHY: To present the Fitness Team with their Awards for the Red River Brigade Fitness Competition.

OUTCOMES: The Fitness Team applied the values of Teamwork, Fitness, Leadership and Character during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at:
<https://thehawkbattalion.wixsite.com/jrotc>



SUMMARY: The Fitness team, lead by c/CPT Anson Hester was presented with their 1st place medals and certificates by the CMCSS Director of Army Instruction, COL (R) Vernon Lightner, for their performance in the Red River Brigade Fitness competition which was held in September 2021. The competition focuses around 5 events: 10-Minute Minute Team Pull-Ups, 10-Minute Team Push-Ups, 10-Minute Team Sit Ups, Team Ruck Run and a 2.5 mile Team Relay Race. Team members included Anson Hester, Diazhane Bailey, Stephanie Corona, Kayleen Corona, Jacob Hogeda, Taydan Jackson, Angelina Aumiller, Kamiliya Aumiller, Anthony Johnson and Jacque Collins.