

## UNITED STATES ARMY CADET COMMAND









**WHO:** Hawks Battalion Cadets

**WHAT:** Cadet Challenge Diagnostic 1



**WHEN:** September 13<sup>th</sup> - 15th, 2021

**WHERE:** Rossview High School

WHY: To measure Cadet fitness and set a base-line for the RHS JROTC CIP Program.

OUTCOMES: Cadet applied the values of Teamwork, Character, Student Achievement, Fitness and Leadership during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at:

https://thehawkbattalion.wixsite.com/jrotc



## **SUMMARY:**

Diagnostic 1 - All RHS JROTC cadets participate in the annual cadet challenge as part of the Battalions Continuous Improvement Plan. The cadet challenge consists of 1-mile run, shuttle run, sit & reach, curl-ups, and pull-ups. Cadets use the results to reveal what they need to improve on throughout the school year. Diagnostic 1 resulted in the following awards: Presidential – 5, National – 18, Pull-Up Ribbon – 21 and 1-Mile Run Ribbon - 7

