



UNITED STATES ARMY CADET COMMAND



Who:
WCHS JROTC

What:
Physical Fitness
Training

Where:
WCHS

When: 13 SEP 2021

Why: Develop the
body to enhance
development of the
mind.



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Physical fitness is a significant aspect of the JROTC curriculum. The Cadets of WCHS JROTC embrace challenging PT sessions as they understand the rigors of leadership whether that leadership role is in high school, college, career or in a family setting. Leading a physically active lifestyle will ensure our Cadets are ready to assume the leadership positions of the future.