



UNITED STATES ARMY CADET COMMAND



WHO: Rossville JROTC Fitness Team

WHAT: Rossville Fitness Competition

WHEN: September 25th, 2021

WHERE: Rossville High School

WHY: To demonstrate the skills and abilities of the RHS Fitness Team in friendly competition with other local JROTC Programs.

OUTCOMES: Cadets applied the values of Teamwork, Leadership, Character, and Fitness during this event.

To learn more information about the Hawk Battalion, scan the QR Code or visit our website at: <https://thehawkbattalion.wixsite.com/jrotc>

SUMMARY:

The RHS JROTC Fitness Team – Team 1, led by c/CPT Anson Hester, along with the Team 2, led by c/SFC Jaxson Tinsley competed in the Rossville High School Fitness Challenge. The events included the APFT, 8-Tire Medley, Pull-Ups, HMMWV Push - Equipment Carry, Seated Throw, Standing Broad Jump, 4-Way Tug-of-War and a Mystery Event.

Ten teams from 8 separate schools competed and RHS Team 1 finished in First place overall.

