



UNITED STATES ARMY CADET COMMAND



WHO: RHS JROTC Cadets

WHAT: Cadet Challenge - Diagnostic 1

WHEN: September 28th – October 1st, 2020

WHERE: Rossvie High School Campus

WHY: To evaluate the cadets physical abilities at the beginning of the School Year.

OUTCOMES: Cadets applied the values of Teamwork, Student Achievement, and Fitness during these events

SUMMARY: Diagnostic 1 - All RHS JROTC cadets participate in the annual cadet challenge as part of the Battalions Continuous Improvement Plan. The cadet challenge consists of 1-mile run, shuttle run, sit & reach, curl-ups, and pull-ups. Cadets use the results to reveal what they need to improve on throughout the school year. Diagnostic 1 resulted in the following awards: Presidential – 2, National – 6, Pull-Up Ribbon – 13 and 1-Mile Run Ribbon - 5

