



UNITED STATES ARMY CADET COMMAND



WHO: Rossvie High School JROTC Raider Team (A and B Teams)

WHAT: 2020 NWHS JROTC 2020 Raider Postal Competition

WHEN: 19 October 2020

WHERE: Rossvie High School

WHY: To test the physical capabilities of the Fitness Team

OUTCOMES: Cadets applied the values of Teamwork and Fitness during this event.



SUMMARY:

The RHS Raider A and B Teams competed in the 2020 NWHS JROTC Raider Competition. The competition consisted of 2-minutes of push-ups, 2-minutes of sit-ups, and a timed 2-mile run. The A Team finished this event with an average score of 232 and the B Team finished with an average score of 152.

