



# UNITED STATES ARMY CADET COMMAND



**WHO:** RHS JROTC Cadets

**WHAT:** Cadet Challenge - Diagnostic 1

**WHEN:** August 26-28, 2019

**WHERE:** Rossvie High School

**WHY:** To evaluate the cadets physical abilities at the beginning of the School Year.

**OUTCOMES:** Cadets applied the values of Teamwork, Student Achievement, and Fitness during these events

**SUMMARY:** Diagnostic 1 - All RHS JROTC cadets participate in the annual cadet challenge as part of the Battalions Continuous Improvement Plan. The cadet challenge consists of 1-mile run, shuttle run, sit & reach, curl-ups, and pull-ups. Cadets use the results to reveal what they need to improve on throughout the school year. Diagnostic 1 resulted in the following awards: Presidential – 1, National – 20, Pull-Up Ribbon – 8 and 1-Mile Run Ribbon - 3

