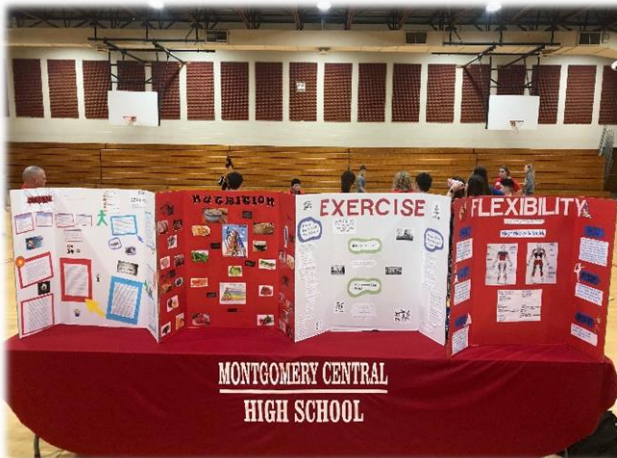


# MONTGOMERY-CENTRAL HIGH SCHOOL

## JROTC PROGRAM

CLARKSVILLE-MONTGOMERY COUNTY SCHOOL SYSTEM

CUNNINGHAM, TENNESSEE



**WHO:** MCHS JROTC  
**WHAT:** MCHS SPRING 2019 SERVICE LEARNING PROJECT "OPERATION GET FIT!"  
**WHEN:** 21 FEBRUARY 2019  
**WHERE:** MONTGOMERY CENTRAL MIDDLE SCHOOL SCHOOL

**WHY:** TO ENHANCE MORALE & FOSTER TEAMWORK WITHIN & AMONG FUTURE CADETS WHILE STRESSING FITNESS TO OUR YOUNGSTERS!

**OUTCOMES:** BUILD TEAM WORK, RESILIENCE, INCREASE IN MORALE AND SCHOOL SPIRIT

The Corps of Cadets at Montgomery Central High School led a day-long class on nutrition, health and fitness strategies and conducted physical activities with more than 250 kids at Montgomery Central Middle School as part of "Operation Get Fit" our annual Service Learning Project.