

GET ALL THE BENEFITS YOU DESERVE NOW.

(FOR PERSONS WITH DIABETES)

CALL NOW: 1-888-788-4925 OR VISIT
TRUOLIFECARE.COM/SIGNUP

TrueLifeCare
The Human Connection
for Better Health



LIVING WITH DIABETES IS CHALLENGING. DON'T DO IT ALONE.

TrueLifeCare is a free health benefit offered through your employer's health plan to help you be in control of diabetes. Our highly trained RN health coaches provide personalized, evidence-based support that will improve your health, plus a confidential, listening ear for your questions and concerns.

TrueLifeCare has been independently proven to meet its three main objectives:



YOU SAVE MONEY

TrueLifeCare saves you money on diabetes testing equipment and supplies.



BETTER HEALTH

Improve your overall health and quality of life with **FREE to you health benefits and support**



CONFIDENTIAL

We provide you with confidential, person-to-person motivation and support.



ValidationInstitute

Scan to Learn More



BACKED BY SCIENCE AND INDEPENDENTLY VALIDATED

Through years of research, TrueLifeCare has proven it delivers highly satisfied members and lower health care costs. This outcome has been independently reviewed and certified by the data scientists of the Validation Institute.



ENJOY FREE BENEFITS NOW BY CALLING 1-888-788-4925

TrueLifeCare provides you and your covered family members with diabetes the following benefits, all free from your health plan when you accept.

- **Free glucose testing supplies**, including a glucometer, test strips, lancing device and more.
- **Free one-on-one consultations with a dedicated RN health coach** who is specially trained in diabetes care to help keep you motivated and healthy.
- **Free, optional, secure SmartHealth app** to track your progress.
- **Free, optional blood pressure meter** for members with hypertension
- **Free home delivery** of your blood sugar testing supplies
- **Free meal planning guides** with delicious recipes.

START GETTING ALL THE
BENEFITS YOU OR YOUR
FAMILY MEMBERS WITH
DIABETES DESERVE NOW!

THIS COULD BE YOUR BIGGEST HEALTH OPPORTUNITY

Accepting TrueLifeCare membership is easy and free: simply call (888) 788-4925. Or, you can request a convenient call at a time that works for you by visiting [TrueLifeCare.com/SignUp](https://www.TrueLifeCare.com/SignUp).

Once you have your acceptance call, you can set up a time to get answers to your diabetes health questions. You can even get the help you need to make small changes that can have a big impact on how you feel and progress.

There is absolutely no risk or cost. There is no obligation to continue the program if you decide it's not a good fit.

"My coach gives me hope when I feel there is none. She is not just a coach, but also a cheerleader."

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