

Employees and their dependents enrolled in the BCBS *Preferred* Medical Plan have the mental health benefits listed below. When utilizing your mental health benefits it is important to seek services from an in-network provider. You may find an in-network provider by going to the Blue Cross Blue Shield website (www.bcbst.com) or call Member Services at 800 565-9140. This number is on the back of your Blue Cross insurance card.

Psychiatric Care Maximums	Network Provider	Out-of-Network Provider
Inpatient-After Deductible is met Benefits payable per Benefit Period limited to 30 days	80%	60% of the Maximum Allowable Charge
Outpatient-After Deductible is met Benefits payable per Benefit Period limited to 35 visits	50%	50% of the Maximum Allowable Charge
Benefits will not be provided for more than two Inpatient or Outpatient stays for Substance Abuse Treatment per lifetime.		

Mental Health Medication Management Benefit: Outpatient treatment visits for Medication Management do not count toward the number of mental health outpatient visits per year. Medication Management means pharmacologic management, including prescription, use, and review of medication with no more than minimal medical psychotherapy.

Two (2) Residential Treatment days for one (1) inpatient day.

